



Herb Farmer Apprenticeship 2022

ap-pren-tice-ship | \ ə-ˈpren-tə(sh)-ship , ə-ˈpren-təs-ship \

1: a position as an apprentice: an arrangement in which someone learns an art, trade, or job under another

“she/he/they obtained an apprenticeship with an organic herb farmer”

The Heartwood Forest Farm apprenticeship is designed for adults with an interest to deepen their connection to nature, while learning more about the art and science of growing herbs. An emphasis will be on the cultivation of culinary and medicinal herbs, and include ethical wild-harvesting at the farm located in Cedar, Michigan. At the end of the season, you will have an increased knowledge with the identification of herbs, seed starting and propagation, organic and regenerative growing practices, harvesting techniques, seed collecting, how to incorporate more fresh herbs and flowers into your diet for culinary and medicinal use, processing and preservation techniques (drying, freezing, making oils, vinegars), medicine making (tinctures, salves, infusions), land conservation and preservation. You will be encouraged to create a plant/nature journal which will include a herbarium collection of a minimum of 10 plant specimens that you will experience during your apprenticeship.

The apprenticeship runs throughout the full growing season, from May to October. Classes are held on Sundays, roughly every other week, for a minimum of 10 classes, totaling 40 plus hours at the farm. You will also be given lessons to complete on your own time to bring back to class. How much time you spend out of class will vary, depending on each individual. The majority of your time will be spent outdoors so you will need to dress appropriate for weather and the task. Shoes, gloves, hats, etc. **Due to Covid-19, people working on the farm must practice social distancing and masks will be worn indoors per rules at that time.** You will be provided with a suggested list of supplies after you register. We are a working herb farm where you will experience the seasonal flow of cultivated plant growth and wild plants as well. You will also learn USDA and MDA safe practices necessary for on farm production and handling of herbs for human consumption.

This is hands on educational experience! It is best suited for people who have some general knowledge of plants and/or gardening. The class will be tailored to fit the group. It is the perfect experience for college students, educators, gardeners, herbalists, farmers, ecologists, chefs, therapists, nurses, or anyone who wants to deepen their connection with plants and nature. At the end, you will receive a certificate of completion. There will be an optional field trip to the United Plant Savers Botanical Sanctuary in Rutland, OH. Travel and accommodations will be at an additional cost. Dates to be determined.



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About the teacher: Hello! My name is Patti Travioli. I earned a degree in horticulture from Michigan State University and am the proprietor of Heartwood Forest Farm; a USDA certified organic farm located in Cedar, Michigan, specializing in growing culinary and medicinal herbs. I am grateful for the opportunity to live and grow plants in one of the most beautiful regions of our state. I am a home herbalist and have always encouraged others to connect with plants and nature. My experience includes organic farming and many years working in the nursery and landscape field, a curator at a botanical garden, a university botany laboratory manager, as well as greenhouse production of annuals, perennials and tropical plants. My volunteer experience led me to the design, planting, and care of *The Sanctuary Garden* located at Genesys Regional Medical Center in Grand Blanc, Michigan, and I served as Board Member and Past President of the Michigan Horticultural Therapy Association. I am passionate about plants and have been connecting with them since 1962. I would love to share what I have learned over the years with you!

To learn more about the farm, visit the website <http://heartwoodforestfarm.com> or connect with us on social media Instagram or Facebook https://www.instagram.com/heartwood_forest_farm/ <https://www.facebook.com/HeartwoodForestFarm/>

Tentative Schedule for 2022 Sundays 9:00 am to 1:00 pm each day

May 22, June 5, June 19, July 10, July 24, August 14, August 28, Sept 11, Sept 25, Oct 9

Cost: \$800

Pay in full by February 15, 2022 and receive a \$50 discount.

If you sign up with a friend, and pay in full by February 15, 2022 you will pay \$1450 for the two of you, saving you \$75 each!

Payment plans available, but must be paid in full by April 1, 2022.

Work exchange. Let's talk!

Class size is LIMITED so reserve your place today!

\$200 now reserves your place. \$400 now reserves your place for you and a friend.

For the payment plan, a \$200 non-refundable deposit reserves your place with the remaining balance due by the time class starts.

For more information call, text or email Patti Travioli 231-492-5002 patti@heartwoodforestfarm.com